

Office Surgery Center

AAAA ACCREDITED AMBULATORY SURGERY CENTER

Welcome to Dr. Zoran Potparic's In-Office Quad-A Certified Surgery Center in Fort Lauderdale. We service Fort Lauderdale, Miami and the Palm Beaches.

Our State of the Art Ambulatory Surgery Center provides an enhanced patient-focused cosmetic surgery experience with an experienced surgical team combined with the state-of-the-art surgical technology. Office based surgical suite provides safety, convenience, comfort and discretion.

This Surgery Center is AAAA accredited by the National Accreditation Association and State of Florida certified which means that it has all the necessary support and staff available in hospitals or affiliated hospital surgery centers.

- State-of-the-art outpatient surgery suite
- Pre-operative and post-operative recovery suite
- Parking

As a patient of our ambulatory surgical center we ask you to observe the same precautions and preparations that all hospital patients undergo. This includes routine blood tests, a thorough medical exam with your primary care physician. Avoid eating and drinking before the procedure, usually stopping at midnight of the surgery date. We also request that you have a friend or family member drive you home after surgery, we also ask that you have this friend or relative stay with you for the night after surgery. If you do not have an adult person to assist you, a Nurse or Medical Assistant from our office will be able to provide that service for you. Female patients should avoid any elective surgery during their menstrual cycle. Perhaps it may come sooner than expected, please contact our Patient Coordinator immediately to see whether we can proceed with surgery or it may need to be rescheduled.

ADVANTAGES OF AN AAAA CERTIFIED SURGERY CENTER

Many patients tend to prefer an office surgery center for Outpatient Surgery for a number of reasons:

Safety: Compared to a having your surgery in a hospital, it is designed for comfort and convenience. The finely tuned level of care provided in the relaxed and already known surroundings makes your experience safer and less stressful.

Convenience: There is much less administrative paperwork and "red tape" at a AAAA office surgical center compared to the admissions process at most hospitals. You feel more comfortable in a familiar setting with people you know.

Patients also like the fact that they can leave a Surgery Center relatively quickly after their surgery, which translates into less time lost from work for your care taker, family, friend or spouse. **Presence of family and friends:** In the surgery center the patient can usually spend most of the recovery period after surgery with their loved ones. However, hospitals have a rule to keep patients recovering from a surgical procedure in a recovery holding area in which you cannot have visitors.

Control: Over procedures and standards in which Dr. Potparic prefers working in his own AAAA certified surgery center with his own surgical team and anesthesiologist. He can set the standards for staff, safety, postoperative care, etc., rather than having these decided by hospital administration. Anesthesia is performed by experienced, Board Certified Anesthesiologist(s), who work with Dr. Potparic and his surgical team for a number of years and are very familiar with all the procedures that we do.

Cost: This is a very stressful issue for most people. In numerous cases, the outpatient procedure performed in an AAAA office surgical suite costs between one-half and one-third less of the price of the same procedure done in the hospital.

Our Surgical Team has worked together for many years and perform together as a well-timed orchestra from the pre-operative evaluation and preparation through surgery to the time of your discharge home. We are dedicated to ensuring that your visit is as comfortable and pleasant as possible by utilizing the highest quality of care in a warm, comfortable and personalized setting.

BEFORE SURGERY

What should you do BEFORE surgery?

Schedule someone to drive you home and someone to stay with you, a significant other, friend or family member for the first 24 hour period after surgery. Have prepared meals readily for you, for the first couple of days. You may not be up to cooking right away.

Do not Smoke!

Smoking can interfere with the anesthetic, recovery and healing of your procedure and frequently produces nausea during the recovery period.

Notify your physician if you think you may be pregnant. Anesthesia and medications may be harmful to your developing baby.

No alcoholic beverages for at least 24 hours before and 48 hours after surgery.

Do not drink after surgery and especially if your taking pain medications. Drinking can increase swelling, bleeding and bruising in the treated areas of surgery. It will also interfere with recovery from general anesthesia.

Do not schedule surgery during your menstrual cycle, as it increases blood loss and may cause complications to surgery. If you find that your cycle comes the day of surgery or the night before, please let us know immediately. In some cases your surgery may be delayed in order to avoid unnecessary complications. In some minimal cases, we will proceed with surgery as scheduled.

What to EXPECT the day before your surgery?

The Patient Coordinator will discuss with you the pre-operative directives, tests, prescriptions, and financial matters prior to your pre-operative evaluation by Dr. Potparic. During this time, Dr. Potparic will go over the surgical plan again, draw pre-operative markings, answer questions you may have and take pre-operative photos.

Medication requirements and instructions will be provided to you during your pre-operative visit. Please provide a list of all medications you are currently taking. If you have a list already prepared, please bring that with you. Bring your medications with you the morning of surgery.

Fill your prescriptions prior to your surgery date and bring them with you the day of surgery.

There are limitations when it comes to eating and drinking. The doctor's staff will provide instructions for the limitations particular to your procedure. It's very important that you follow the instructions. Your surgery may be cancelled if you do not follow the required food and drink limitations in order to avoid serious complications.

THE DAY OF SURGERY

Arrive at your scheduled time. This allows us the time that is necessary for your preparation and helps us keep things moving, which prevents delays.

We will update your family and friends of the progress of your surgery, understanding their concerns while you are undergoing your surgical procedure. We will let them know when they can join you in the recovery area.

Upon your arrival, the Patient Care Coordinator will go through the admission process with you. Our pre-operative nurse will accompany you into the pre-operative area to have you change your clothes and store your belongings securely until you are ready to go home. Then we will escort you to the surgery holding area, where we will prepare you for surgery. The nurse will conduct a preoperative evaluation, taking your vital signs. An IV will be administered for fluids and medications for your procedure.

The anesthesiologist will then meet with you prior to your procedure for an evaluation and preanesthetic assessment. He will go over your medical & anesthesia history with you and answer any questions regarding anesthesia, nausea, or pain that you may have as well as immediate and/or post-operative pain management.

Clothing

Wear something comfortable that can be easily removed and put back on with little effort. Try to wear a button down or zip up type of shirt. Do not wear nail polish, cosmetics and do not wear contacts. Please mention if for some reason your contacts must be worn. Please do NOT wear or bring anything of value. We provide a safe environment but there's always a chance of loss.

AFTER SURGERY

We realize that you may be just as anxious about your recovery as you are about your surgery. After your surgery is completed, you will be monitored in the recovery room by our experienced registered nurse. During this time the doctor will check on your progress of recovery, pain, nausea, and dressing. We will keep your family and/or friends informed of your status and the outcome of the procedure as frequently as needed.

Once you're completely recovered and comfortable, our staff will call your friend or family member in to sit with you until you're ready for discharge. Expect to be sleepy and drowsy for the first 24 hours, but we realize that having someone you know sit with you might make you feel more relaxed.

Your friend or family member will be given post-operative instructions before you leave. The nurse will educate your care taker about post-operative care, activity, diet and dressing with them since you will still be sleepy when it is time for you to go home. The doctor and someone from our staff will call to check on you the night of surgery. In the event of any difficulty once you are at home, you're encouraged to call the nurse or doctor as needed.

What can you DO AFTER your surgery?

The nurse / doctor will give you written and verbal post-operative instructions. It is important that you follow these instructions strictly.

Drink plenty of fluids, keep a low sodium diet, no MSG or spices and no exercise until instructed otherwise.

These instructions will help speed up your recovery. We encourage you to follow them exactly as they were given to you.

You're more than likely going to feel drowsy after anesthesia, this is normal. We suggest you avoid driving, operating equipment or signing important documents for at least 24 hours after the surgery.

If you have any questions or comments, please contact us at (954) 779-2777 any time.